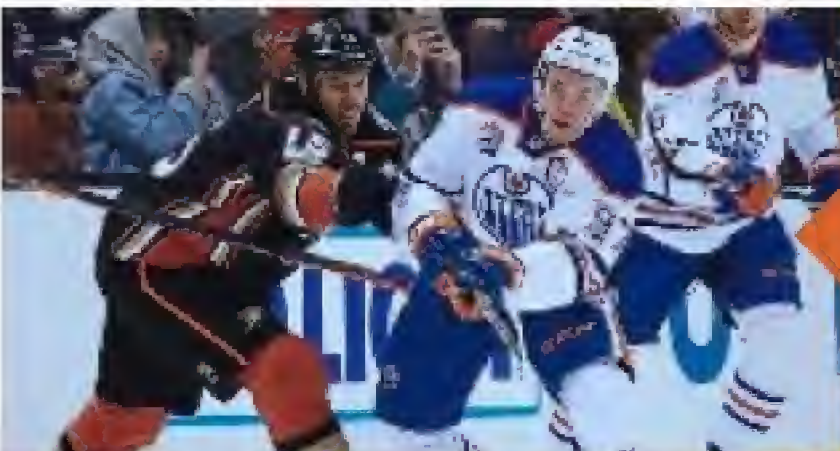


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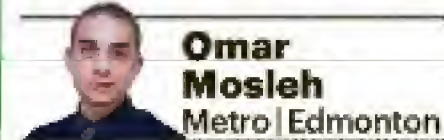


Your essential daily news | TUESDAY, APRIL 25, 2017

High 4°C/Low -1°C Snow, maybe

Dead toddler suffered 'life of violence'

ARRESTS
Two charged with second-degree murder



Omar Mosleh
Metro | Edmonton

The toddler found dead near a church in north Edmonton Friday suffered a life "full of violence," police said Monday.
Speaking at a press conference, EPS Staff Sgt. Duane Hunter confirmed police had charged Joey Crier, 26, and Tasha-Lee Mack, 25, with second-degree murder in relation to the death of the 19-month-old.
Family members identified the toddler on social media as Anthony Joseph Raine.
Crier was the father of the boy, while Mack was his girlfriend.
The boy died of trauma to the head. Hunter said Anthony was "absolutely" the victim of

ongoing violence.
"He suffered a lot of trauma ... he was living a terrible life full of violence. One that is incredibly sad," Hunter said.
The boy was found clothed with bruises all over his body, Hunter said. He could not explain the exact nature of the bruises because the charges are now before the courts, he said, and the injuries are considered evidence.



Anthony Joseph Raine
SUPPLIED

Police offered no motive for the murder and said there was no indication from social services or any other agency that they were investigating problems in the family.
Police were called to the area of 155 Avenue and Castledowns Road on Friday after a passerby found the toddler's body near Good Shepherd Anglican Church.

FORT MCMURRAY: ONE YEAR LATER



Scott Jennings, Helitack leader of a four-man crew, stands in the scorched forest just beyond the Fort McMurray Forestry Warehouse.
JENNIFER FAIRBANKS FOR METRO

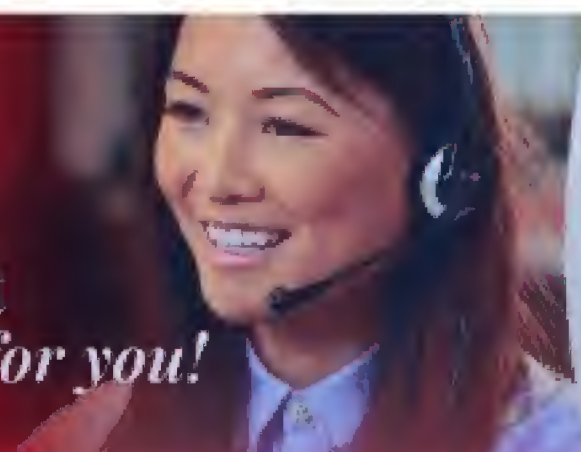
LESSONS FROM THE FRONTLINE

What 'The Beast' taught us about fighting fires
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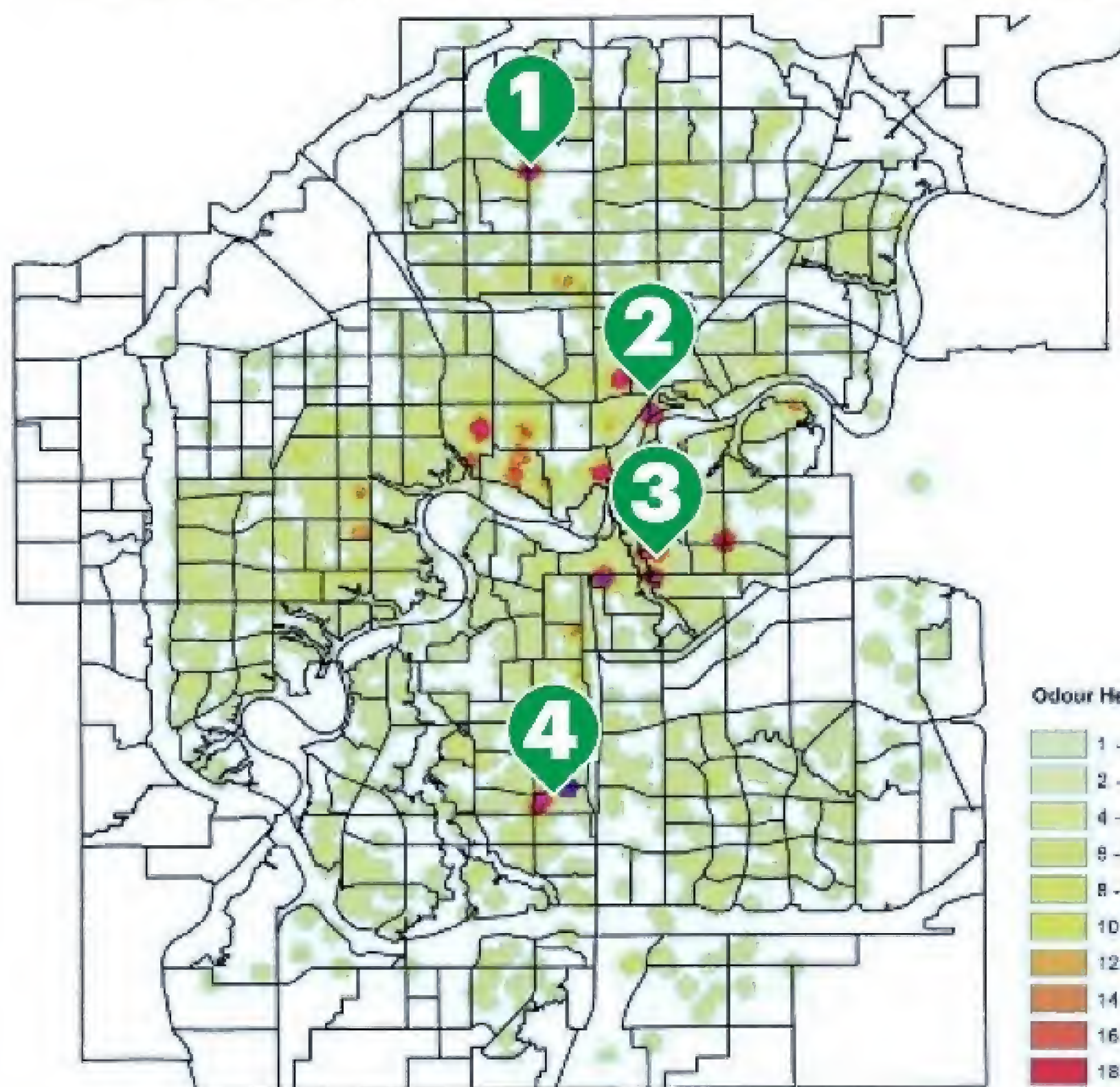


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MAPPED Figuring out where Edmonton stinks

SCENTS IN THE CITY

The city released a map earlier this year to show which neighbourhoods are complaining the most about smells emanating from sewer pipes. There were more than 7,000 complaints in eight years across the city. **JEREMY SIMES** METRO



- 1 The north Edmonton communities near Dunluce along Castle Downs Road saw more than more than 40 complaints in the area due to smells.
- 2 Edmonton's inner city Boyle Street Community and those near Alberta Avenue complained more than 100 times about stench.
- 3 The communities of Bonnie Doon, Strathcona and those near Ottewell seemed to have lots of issues. They complained at least 150 times.
- 4 Edmonton's southern communities of Ermineskin, Blue Quill and Rideau Park complained more than 80 times about their smelly situation.

Odour Heatmap

1 - 2 Complaints	20 - 22 Complaints
2 - 4 Complaints	22 - 24 Complaints
4 - 6 Complaints	24 - 26 Complaints
6 - 8 Complaints	26 - 28 Complaints
8 - 10 Complaints	28 - 30 Complaints
10 - 12 Complaints	30 - 32 Complaints
12 - 14 Complaints	32 - 34 Complaints
14 - 16 Complaints	34 - 36 Complaints
16 - 18 Complaints	36 - 38 Complaints
18 - 20 Complaints	

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City brewing up a smell strategy

Edmonton will soon outline plans to tackle what one resident calls "stinky spots" caused by sewer pipes throughout the city.

"It smells like warm, rotting leaves, or a really bad fart," said Bonnie Doon resident Caitlin Hughes, who drives by the smelly spot at 91 Street and 89 Avenue every day. "I encounter the smell about five out of seven days a week, and it's really bad when it's dry outside."

But Hughes isn't the only Edmontonian curling her nostrils over putrid intersections. During the span of eight years, more than 7,000 residents complained about smells caused by sewer pipes.

The issue has become so widespread the city is now developing a strategy that will identify the severity of the smells, and create new performance measures to monitor the situation.

"It's not an acceptable manner of smell," said Chris Ward, head of drainage operations with the city. "Air movement is part of the challenge."

The city will come back in June with an update on its odour metrics, along with an update on how efforts have gone to improve smells. Ward said the entire strategy should go to council in August.

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Wildfires getting 'more complex'

SAFETY

Emergency experts explain major lessons from disaster



Alex Boyd
Metro | Edmonton

Buried underground on the western shore of Gordon Lake in northern Alberta, the forest fire dubbed "The Beast" lives.

Not that Bernie Schmitte, the forest area manager for Fort McMurray, uses that moniker.

"We don't name our fires after mystical creatures," he said dryly.

His team is now gearing up for a new fire season — and learning from last year.

He is in charge of both forest management and firefighting for an area of boreal forest that starts south of Fort McMurray and stretches up to the Northwest Territories.

His Fort McMurray office is a command centre full of screens that track everything from the location of water bombers and lightning strikes, to the amount of food each camp has in stock.

"Wildfires are becoming larger and more complex and harder to fight," he said, noting his department constantly evolves to keep up.

The Fort McMurray fire drove home lessons about the importance of building relationships between governmental departments, as well as between government and industry, Schmitte said.

"We've learned that sometimes we should do more than just phone calls," he said.

His department is also rolling



Scott Jennings is a firefighter who has just returned to the Fort McMurray area for the new season. This spring, fire teams are hoping to put lessons learned from last year's disaster to use. JENNIFER FRIESEN/FOR METRO

out improvements that were in the works before the fire, like adding an extra fire crew, enabling fire watch towers to upload weather automatically and hammering out a new fire management plan for the area.

Still, he said his job is a constant balancing act between public safety and the reality of being located in the heart of the boreal forest.

Kerry Anderson, an Edmonton-based fire research scientist with the Canadian Forest Service said that the Fort Mac fire has "elevated the urgency" of ongoing work to make a better model to predict the behaviour

of large fires.

"Fire is a natural part of the ecosystem," he noted. "The cones of some trees are waiting for a forest fire to come through before they open up and reseed the forest. It's a forest designed to live and breathe fire."

Since fires are a given — and becoming more frequent thanks to climate change — more accurate predictions are a necessity.

Even last year, models predicted above average fire risk thanks to warm temperatures and a lack of precipitation, Anderson said. ("Now does that qualify as a prediction of a catastrophic fire that would burn

down Fort McMurray? No it doesn't," he added.)

Part of the answer may lie in a new American technology called FireTec that was brought to Alberta after the Slave Lake fire in 2011. It uses a super computer to model how fires behave on the landscape. If scientists understand that better they can start introducing defensive measures like fuel breaks, which are gaps in vegetation created to slow a fire down, Anderson said.

It's only been in use here for about a year, but Anderson said scientists hope to use it to study what happened in Fort McMurray last year. The prov-

ince is expected to release a review of the fire response in May, along with recommendations. The RCMP is also still at work on its investigation into the cause of the fire, which is still technically burning.

After monitoring the embers through the winter, crews deemed the fire no longer a threat, Schmitte said, but the goal is still 100 per cent extinguishment. So helicopters will soon drop crews at Gordon Lake to dig out the remaining hot-spots from the Horse Creek fire (the official name) and extinguish them once and for all.

"We don't say that a fire is

ABOUT THIS SERIES

Every day for the next week Metro will be going back to Fort McMurray, one year after the massive wildfire ripped through the northern Alberta town.

TOMORROW: What are the mental health issues that Fort Mac residents are facing?

extinguished," Schmitte said, "until it's certain that there are no further hot spots."

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To learn more, please contact the principal investigator, Greg Kawchuk (greg.kawchuk@ualberta.ca), or the study coordinator, Lynne Wong (lwong@ualberta.ca) at 780-492-1610. This study is funded by the National Institutes of Health.



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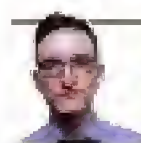
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Aid funds keep rolling in

CHARITY

Red Cross has raised \$323M to help rebuilding efforts in city



Kevin Maimann
Metro | Edmonton

Funds from the biggest Canadian Red Cross campaign in history are still rolling out to help Fort McMurray residents a year after wildfires ravaged the city.

The Red Cross gave an update Monday pegging its grand fundraising total at \$323 million, including donations from more than one million Canadians, \$104 million in matching funds from the federal government and \$30 million from the province.

"This became the largest and fastest transfer of emergency financial assistance ever — not just in Canada, but in the world," said Canadian Red Cross CEO Conrad Sauve.

Distribution started early last



A helicopter battles a wildfire in Fort McMurray, on May 4, 2016. The Red Cross gave an update Monday pegging its grand fundraising total at \$323 million, including donations from more than one million Canadians. THE CANADIAN PRESS FILE

year with more than 126,000 electronic fund transfers made directly to residents who registered with Red Cross, to cover rent, mortgage, utilities, food, gas and clothing. The charity

also financed close to 11,000 plane and bus tickets for residents to get back home.

More than 3,000 small business owners received a portion of \$30 million earmarked to

help them get back up and running, and \$2.8 million went to future disaster planning and preparation.

Sauve said technology made the swift response possible,



The emotional challenges are going to have the heaviest toll.

Melissa Blake

with thousands of families registering for help online. The Red Cross social media channels surged by more than 6,000 per cent in the days following the evacuation, and 40 volunteers worked full time just to manage those accounts.

Sauve said mental health supports for residents will be a major focus of the charity's work in the region going forward.

Wood Buffalo Mayor Melissa Blake added officials are also reaching out with the message that it's important for residents to take care of their mental wellbeing.

"As much as it is a burden to overcome the physical challenges from the fire," Blake said, "I think the emotional ones are going to have the heaviest toll."

BY THE NUMBERS

\$323M

The total donations Red Cross has received to date to help rebuild Fort McMurray

75

The percentage of that money that has already been spent or allocated

\$231M

The amount allocated to individuals and families for immediate supplies and emotional supports

\$50M

The amount allocated to community groups, including schools, youth camps, food banks, homeless shelters and Indigenous community initiatives

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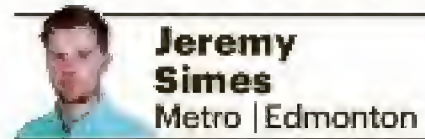
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Almost set in stone

COUNCIL

Debate not over on 80-storey Alldritt tower



Jeremy Simes
Metro | Edmonton

City councillors couldn't make a final decision on the fate of a proposed 80-storey tower in downtown Edmonton on Monday, as they debated long into the evening before striking a vote.

The debate lasted eight hours at a public hearing, as more than 50 people spoke in favour of or against the building.

The Alldritt tower — which would occupy the top bank of river valley parkland between Jasper Avenue and Grierson Hill Road — has pitted concerned residents against city staff. Critics argue it would set a precedent for future development of the river valley, while administration says it would bolster investment in The Quarters neighbourhood.

David Benjestorf, who was representing Alldritt, said Monday that if the tower was ap-



Rendering of the proposed Quarters Hotel and Residence. ALDRITT CORPORATION/SUPPLIED

proved, the company could begin construction as early as this summer, noting the group already has demolition permits for the two abandoned buildings the development would replace.

"Step 1 would be to build an interim public park, which citizens could enjoy as early as this summer," he said. "The tower would create \$105 million in the first 30 years in tax revenue, and we'd put millions in

park construction. It's an iconic tower that would serve well on Edmonton's postcards."

But Candace Jane Dorsey, of the Boyle Street Community League, argued the development doesn't meet regulations that say every building in the Quarters must accommodate affordable and family housing.

"You're placing a wall of glass at the last open access point on Jasper Avenue where residents

can view the river valley," she said. "We have a lack of confidence that a private park would serve the public as well as a public park would."

Following questions from Alldritt and residents, city councillors ran out of time to make a final decision.

They're expected to make a decision when they meet again on Thursday. It would be Western Canada's tallest building.

REMEDIATION

City ready to clean up sewage lagoon

Residents who pay for drainage will pick up a \$17-million tab to clean up several feet of "sludge" at an abandoned sewage lagoon northeast of Edmonton, after the province told the city they had to act.

"If you took your truck on it, you'd just go through," said Chris Ward, head of drainage operations with the city, during a utility committee meeting Monday.

The Bremner Lagoon is located just north of Sherwood Park but is owned by the city. The site used to take human sewage and industrial waste from northeast Edmonton.

But when it was replaced with a new treatment plant in the 1980s, officials just fenced it off so it could evaporate.

"The practice of the year was to just stop using it ... but it was basically allowed

to dry up," Ward said, noting the city was thinking of cleaning up the "tens of hectares" someday.

"Now we have received direction from the province to put a plan in place for that cleanup."

\$17 million

Estimated cost of cleaning up the Bremner Lagoon near Sherwood Park, to be borne by drainage customers

He said crews might have to dig out badly contaminated areas while planting trees to soak up the rest.

"As much as possible, we'll use nature to clean it up," Ward explained.

JEREMY SIMES/METRO



We have received direction from the province to put a plan in place. As much as possible, we'll use nature to clean it up. Chris Ward

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Flying the flag on World Penguin Day

ECOLOGY

B.C. aquarium hopes birds charm, inspire conservation



Wanyee Li
Metro | Vancouver

It's World Penguin Day Tuesday April 25 and while Vancouver is not the natural home of any penguins, the aquarium hopes its seven African penguins will charm people enough to save the endangered animals.

The seven birds spend their day eating herring, playing with cat toys, and waddling around the Vancouver Aquarium exhibit.

Each penguin has its own personality, said Kristi Heffron, a senior marine mammal trainer at the aquarium.

"They do like shadows so sometimes we'll do shadows



The Vancouver Aquarium has seven African penguins. The aquarium is hoping the creatures will motivate people to help save the endangered animals. **WANYEE LI/METRO**

with our hands. There are other times where they'll amuse themselves chasing a bug around."

But their cousins in the wild are not so lucky: 95 per cent of the world's penguin population has been decimat-

ed in the past two decades, according to the aquarium.

Heffron hopes the aquarium's penguins can convince people to do what they can to help penguins in the wild. The biggest thing people can do is eat sustainably caught

seafood, she said.

Wild penguins are monogamous for life and their counterparts at the Vancouver Aquarium are no exception — six of the birds are partnered up, according to Heffron.

This pairing behaviour is not immediately obvious while the penguins are in the exhibit but trainers say it's clear when the animals go to bed.

"At night, you can definitely see a preference. Steveston will like to hang out with Lillooet and vice versa," said Heffron.

The penguins, who are named after B.C. places, wear coloured bands to help trainers ID them.

The seventh penguin, Hope, does not have a partner but seems especially interested in humans, said Heffron.

"She doesn't seem to mind that the other birds are paired up. She'll see us and run over to us to hang out with the trainers."

#WomenOnBoards

U.S. firm to tackle gender equality



Ryan Tumilty
Metro | Ottawa



I am excited to see Canada has had a gender diversity agenda, driven by the prime minister.

Sukhinder Singh Cassidy

An American firm meant to bring more women to corporate boards is expanding into Canada, with the company set to ring the opening bell at the Toronto Stock Exchange Tuesday.

The Boardlist began in Silicon Valley as a website that uses nominations to highlight women who could be available to join a corporate board. The company currently has 1,600 women available, who have been recommended by their industry peers.

Sukhinder Singh Cassidy, the company's founder, said Canada made sense as an expansion hub, not only because it's close, but also because Canadian companies and the government are concerned about representation.

"I am excited to see Canada has had a gender diversity agenda, driven by the prime minister," she said. "It felt like it was a very right market for us to expand into."

The company launched in the U.S. a year and a half ago and has grown steadily.

Cassidy said not having a diverse board can stop companies like tech startups from seeing why they struggle to attract staff.

"These gaps are some of the things that are preventing them from being able to harness the power of the workforce."

She said companies are also seeing a generational change in leadership and realize they have to transform.

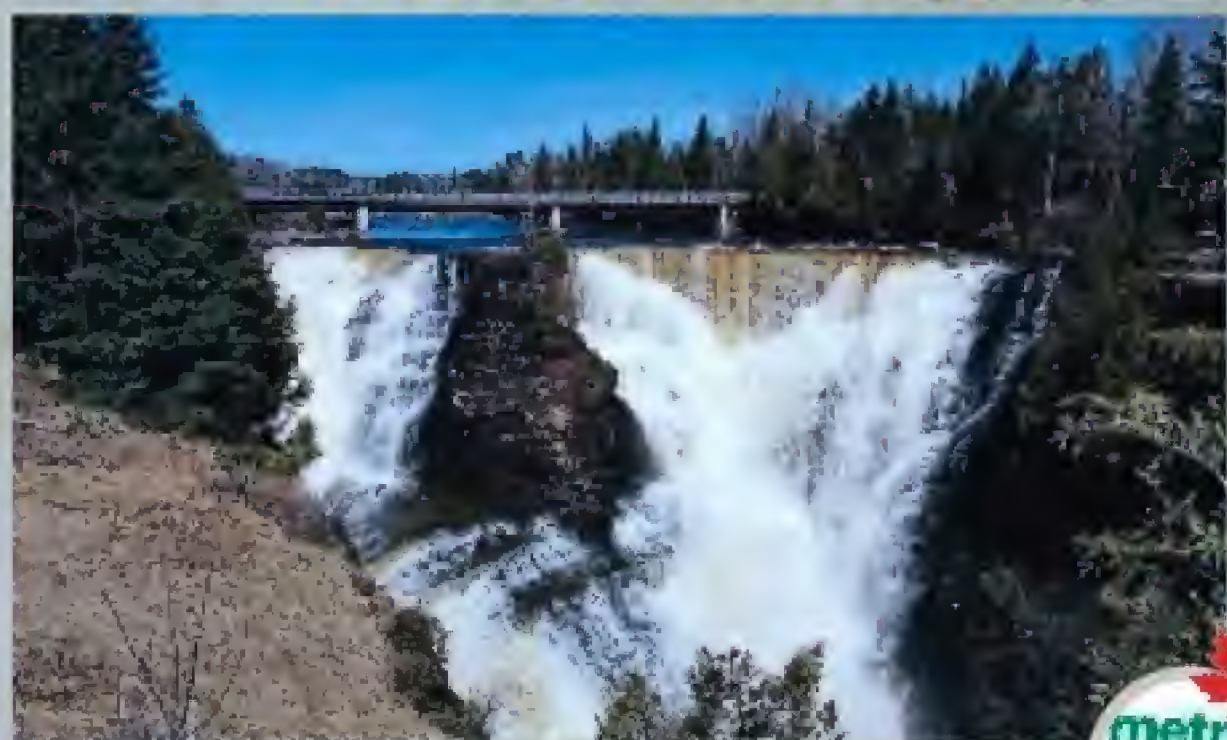
"There is pressure to add new directors and particularly new directors that understand new customer segments like millennials."

She said bringing the company to Canada will expand the pool of qualified women that can serve on boards, and expose qualified Canadians to new opportunities.

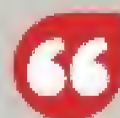
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TECHNOLOGY

'Trains are immutable forces'

Rail safety advocates are using virtual reality to highlight just how dangerous it can be to cross or trespass near train tracks.

Operation Lifesaver, a public-private partnership that promotes awareness of safety issues around crossings, launched a campaign Monday to mark the beginning of Rail Safety Week.

The campaign, called Look, Listen, Live, puts users in the shoes of someone experiencing the near miss of being struck by a train.

There were 45 rail-related deaths in 2015, with the number climbing to 65 last year.

Canadian National police Chief Stephen Covey said research shows that males between 18 and 35 are involved in many of the approximately 200 railway incidents yearly that result in death and injury.

The virtual campaign was designed with that age bracket in mind.

"It's a very difficult audience to get a message out to," said Covey. "If you get hit by a train, you will lose, so we feel that by living that experience, hopefully we'll be able to reach that audience and keep them safe."

Transport Minister Marc Garneau said with 44,000 kilo-



Transport Minister Marc Garneau at the launch of Rail Safety Week in Montreal. **THE CANADIAN PRESS**

metres of rail and 23,000 private and public crossings, Canadians need to be reminded of the dangers of taking shortcuts and crossing tracks in unauthorized areas or trespassing on railway facilities.

"People need to realize trains are immutable forces and you have to respect them and stay away from them," said Garneau.

Separately, the federal minis-

ter also said officials are awaiting a feasibility report into track bypass in Lac-Mégantic, Que., the site of a rail disaster that killed 47 people in 2013.

Local residents have been asking for a rail bypass out of town ever since a train carrying crude oil derailed and exploded, wiping out much of Lac-Mégantic's downtown core.

THE CANADIAN PRESS

FRANCE

Old guard rallies to keep Le Pen out

France's established parties are rallying around the man who helped shut them out of the presidential runoff, maverick centrist Emmanuel Macron — an alliance of convenience aimed at keeping far-right Marine Le Pen out of the Elysee Palace.

Support for Macron poured in from the seat of the European Union, as well as German Chancellor Angela Merkel and Jewish and Muslim groups troubled by Le Pen's nationalist vision.

European stock markets surged, and France's main index hit its highest level since early 2008, as investors gambled that the rise of populism around the world — and its associated unpredictability in policymaking — may have peaked.

For all the paeans to Macron's unifying vision in divided times, it is now up to French voters to decide whether to entrust him with this nuclear-armed nation in the May 7 presidential runoff. Polls consider him the front-runner but that's no guarantee the French will stop Le Pen the way they stopped her father, Jean-Marie Le Pen, from reaching the presidency in 2002.

France's divided political mainstream, rejected by an angry

electorate, united Monday to urge voters to back Macron and reject Le Pen's far-right agenda.

Politicians on the moderate left and right, including French President Francois Hollande and the losing Socialist and Republican party candidates in Sunday's first-round vote, manoeuvred to block Le Pen's path to power.

The contest is widely seen as a litmus test for the populist wave that last year prompted Britain to vote to leave the European Union and U.S. voters to elect Donald Trump president.

Le Pen, meanwhile, is hoping to peel away voters historically opposed to her National Front Party, long tainted by racism and anti-Semitism.

On Monday, she took a step in that direction, announcing she was temporarily stepping down as party leader, a move aimed at drawing a wider range of voters in keeping with her efforts in recent years to garner broader support from the left and right.

"Tonight, I am no longer the president of the National Front. I am the presidential candidate," she said on French public television news, adding that she wanted to be "above partisan considerations." THE ASSOCIATED PRESS



Marine Le Pen speaks during a conference in Paris on April 10. BENJAMIN CREMEL/AFP/GETTY IMAGES

AIRLINES

Lawyer represents two viral video passengers

The woman seen sobbing in a viral video after an American Airlines flight attendant took away her stroller now has a lawyer — the same attorney representing a man dragged off a United Express flight earlier this month.

The Chicago lawyer, Thomas Demetrio, says the flight attendant was "out of control" and nearly hit one of the woman's two young children with the stroller.

An American Airlines spokesman said they refunded the

woman's tickets and upgraded her to first class for the rest of her trip to Argentina.

Two weeks earlier, airport police dragged a passenger off a plane when he refused to give up his seat for an airline employee.

The videos have put airlines on the defensive in the court of public opinion.

"We live in the age of cell-phone video, so corporations have to take heed," Demetrio told NBC-TV. THE ASSOCIATED PRESS



Former U.S. president Barack Obama visits with youth leaders at the University of Chicago in his first formal public appearance since leaving office. GETTY IMAGES

Obama opens up on leadership, listening

CHICAGO

Full of advice at university talk, but no comment on successor

Former U.S. president Barack Obama used his first public appearance since leaving office to dole out advice to young people on leadership, managing social media and even marriage. What he didn't do was mention his successor.

At a forum Monday for students at the University of Chicago, adjacent to where his presidential library will stand, Obama talked about his forma-

tive experiences as a community organizer and as a young politician running for office in Illinois. But for much of the panel event, he listened.

"Although there are all kinds of issues that I care about and all kinds of issues that I intend to work on, the single most important thing I can do is to help in any way I can to prepare the next generation of leadership to take up the baton and take their own crack at changing the world," Obama said during event, which was invite-only and streamed live online.

He told the hundreds of area students in the audience that his focus after holding the nation's highest office will be civic engagement with young

**“
Listen to understand. I learned that in marriage.”**

Barack Obama

people, and that he hopes his presidential library, which will stand near the edge of campus, will be part of that mission.

His first public engagement Monday came as President Donald Trump neared his 100-day mark in office. But Obama shied away from addressing specific policies or his own two terms as president. When it came to current events, he stuck to

generalities.

He also dropped in a marital tidbit, saying it's best to "listen to understand" instead of listening "to respond."

"I learned that in marriage," he said to laughs from the audience. "That'll save you a lot of heartache and grief."

Obama said his work as a young organizer, which included meeting with Chicago public housing residents, laid the foundation for his time in office.

"This community gave me a lot more than I was able to give in return," he said.

"This community taught me that everybody has a story to tell that is important."

THE ASSOCIATED PRESS

INFECTIOUS DISEASE

World's first malaria vaccine tested in Africa

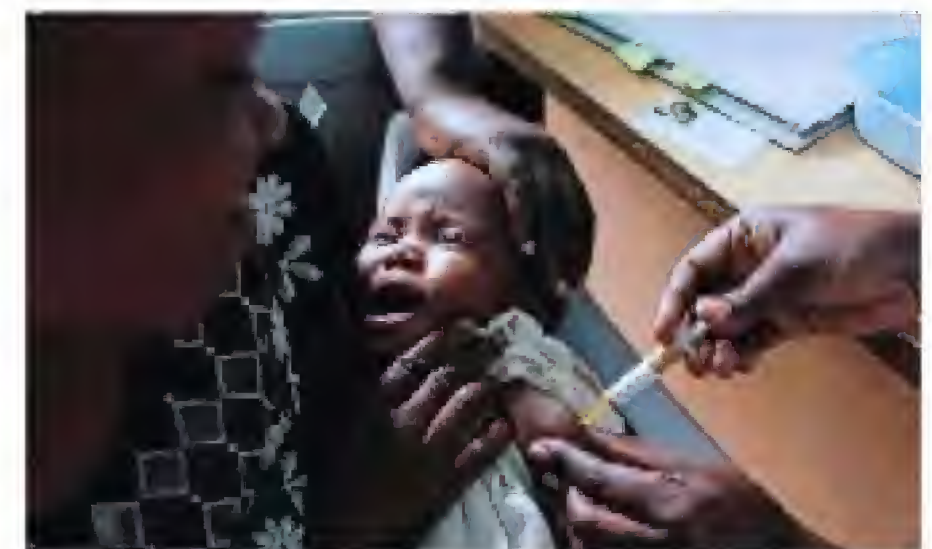
Three African countries have been chosen to test the world's first malaria vaccine, the World Health Organization announced. Ghana, Kenya and Malawi will pilot the injectable vaccine next year with hundreds of thousands of young children, who have been at highest risk of death.

The vaccine, which has partial effectiveness, has the potential to save tens of thousands of lives if used with existing measures, the WHO regional director for Africa, Dr. Matshidiso Moeti, said. The challenge is whether impoverished countries can

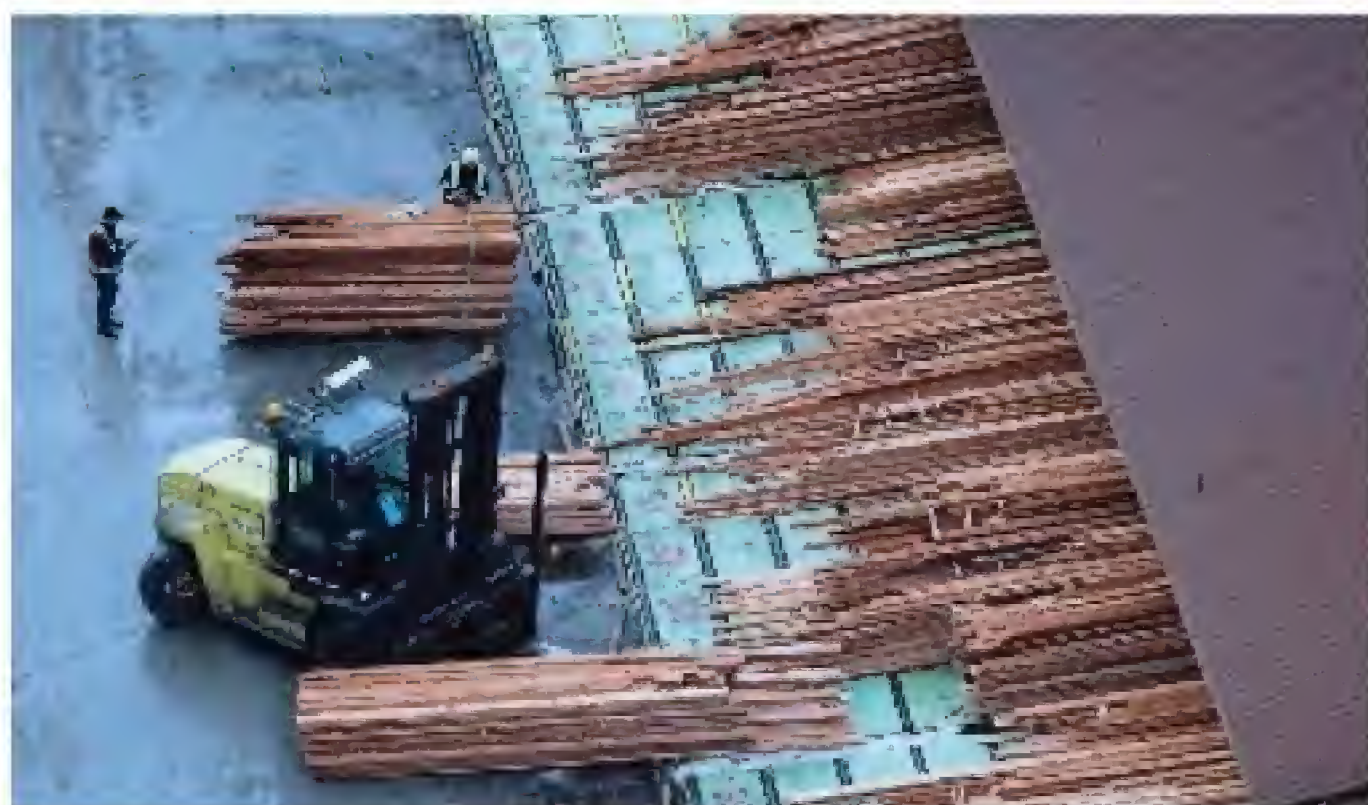
deliver the required four doses of the vaccine for each child.

Malaria remains one of the world's most stubborn health challenges, infecting more than 200 million people every year and killing about half a million, most of them children in Africa.

Kenya, Ghana and Malawi were chosen for the vaccine pilot because all have strong prevention and vaccination programs but continue to have high numbers of malaria cases, WHO said. The countries will deliver the vaccine through their existing vaccination programs. THE ASSOCIATED PRESS



A baby receives a malaria vaccine in Kombewa in western Kenya. THE ASSOCIATED PRESS FILE



Workers sort and move lumber at the Delta Cedar Sawmill in Delta, B.C. The opening shot in a fifth softwood-lumber war between the United States and Canada came Monday, and policy-makers north of the border are preparing to calculate the potential damage of American duties. THE CANADIAN PRESS

Trump takes first swing in lumber war

SOFTWOOD

U.S. says first batch of duties on wood will be about 20 per cent

The United States has fired the opening shot in the latest softwood-lumber war against Canada, with the Trump administration announcing its first batch of duties on imported wood in the neighbourhood of 20 per cent.

The move was expected: the deep-rooted dispute over lumber pricing between the two countries has led to once-a-decade trade skirmishes over the issue, resulting in American duties, then the inevitable court battles, and ultimately negotiated settlements.

What wasn't expected Monday was the enthusiasm with which the new American ad-

ministration flung itself into the lumber hostilities, touting its incoming countervailing duties as an example of U.S. President Donald Trump's tough, America-first trade posture.

Trump underscored the impending move by announcing it to a gathering of conservative media on the eve of the expected announcement. Commerce Secretary Wilbur Ross also highlighted it in an interview.

Then came a statement that said U.S. Customs will begin collecting cash deposits from Canadian logging companies because they receive a range of subsidies — most of them around 20 per cent.

What comes after the countervailing duties is a study of possible anti-dumping duties, followed by a final determination by the U.S. Commerce Department as early as Sept. 7, and one of three possible outcomes: an agreement, a surprise retreat

from the U.S. government or potential years-long court battles.

It will all play out amid the backdrop of a bigger trade file: the renegotiation of the North American Free Trade Agreement.

America's lumber lobby applauded the announcement.

"We are pleased with this initial outcome and are looking forward to the (next, anti-dumping) duties expected to be announced June 23," said Zoltan van Heyningen of the U.S. Lumber Coalition.

A late-evening statement from the U.S. administration accused companies of benefiting subsidies ranging from three per cent by J.D. Irving Ltd., to 12.82 per cent for Resolute FP Canada, Ltd., to 20.26 per cent for Canfor Corp., to a high of 24.12 per cent for West Fraser Mills, with most others coming in at 19.88 per cent.

THE CANADIAN PRESS

EXECUTIVE WAGES

Push for say-on-pay votes

Regulators should make public companies hold a vote on the pay packages of top executives, say investors advocates, with compensation expected to be a major issue at the annual general meetings of some of Canada's biggest corporations this year.

Canadian shareholders typically head to annual meetings in April and May, where some but not all companies give them a say on executive pay through advisory motions. While the motions are non-binding, they can be uncomfortable for highly paid CEOs and spur corporate

boards to review compensation.

The issue was highlighted on Thursday when TransAlta Corp. shareholders voted down the power plant owner's executive pay plan, under which chief executive Dawn Farrell received a special one-time payment for "extraordinary leadership" as part of her \$7.39 million in total compensation.

"Say-on-pay votes now should be the norm in Canada. They're not," said Kevin Thomas, director of shareholder engagement at the Shareholder Association for Research and Education.

Stephen Erlichman, executive director at the Canadian Coalition for Good Governance, which has long advocated for mandatory say-on-pay shareholder votes, says Canada has become an outlier in the world with many other countries already requiring them.

Such votes focus boards on being able to explain pay arrangements "in the plainest English that is possible," he said.

Several big names in Canada have seen their say-on-pay motions go down to defeat.

THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD NO. 84

KAKABEKA FALLS, ONTARIO



I ENJOY VISITING NORTHERN ONTARIO BECAUSE THAT PART OF THE PROVINCE IS STILL QUITE WILD AND PEACEFUL. ZAK PRITCHARD

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BLUEPRINT by David Hains/Metro

Five ways San Fran fixed parking

Everyone hates parking. Drivers can't find spaces when they need them, non-drivers argue it's mismanaged real estate, and despite all the frustration nothing changes. But it doesn't have to be this way. San Francisco tired of the status quo, so they harnessed the power of parking for good with SFpark, a \$40-million program to save the city time, money and grief.

1

To get better data, the city installed sensors in asphalt to see when spaces were empty, and adjusted prices up or down by 25 cents based on demand.

Outcome: The target occupancy is 60 to 80 per cent. With the app, the city hit that goal 31 per cent more frequently than before, and parking was totally full 16 per cent less often.

2

Drivers searching for spaces are a leading cause of congestion, with some studies suggesting they cause as many as half of all traffic jams.

Outcome: By always having spots available, cruising went way down – the average search time decreased by five minutes.

3

Less time circling blocks to find parking means less pollution, congestion, and miles travelled – all good things.

Outcome: Congestion in peak hours declined by 3 per cent, total miles traveled declined by 30 per cent, and so did greenhouse gases emitted by cars.

4

Variable pricing means parking became more costly next to the baseball stadium during games, but more affordable in off-peak times.

Outcome: More spaces were free and the average cost decreased by 4 per cent. At the same time, parking revenue increased, thanks in part to better payment technology.

5

How much more attractive was it for people to shop or dine in the SFpark pilot areas compared to the control group?

Outcome: There was a 30 per cent increase in drivers and passengers in the pilot project area, compared to 9 per cent in the control area.

EDUARDO LIMA/METRO

WORD ON THE STREET by Luke Simcoe for Metro

A toast to the city-building power of craft breweries



Urban renewal is brewing in Pittsburgh, Pa.

I visited the rust belt city recently to bask in the art and architecture on offer, and check out the city's burgeoning craft beer scene.

Throwing back a pint is hardly an unusual vacation activity, but in Steel City, it's where you imbibe that's interesting.

I washed perogies down with a lager made on-site in a former church. I drank a dry cider in the backyard of the house it was fermented

in. And I heard rumours of an excellent saison brewed at what was once a slaughterhouse.

Chatting with locals, I learned these microbreweries are important anchors in their communities. They draw residents and tourists to parts of the city where nightlife was previously absent and make it possible for people to walk to their watering holes. They create jobs and bolster other businesses, like the food trucks you find parked outside.

These benefits may be more pronounced in Pittsburgh, a city still finding its footing after the industrial collapse of the late 20th century, but they're not unique to the city. In Toronto, a bevy of new breweries turned formerly industrial areas in the city's west side into vibrant destinations.

While craft breweries can be a shortcut to urban renewal, they don't happen without good zoning laws. During a trip to Winnipeg in 2016, for example, I learned

zoning rules prevent breweries from operating outside of industrial areas — not exactly patio-ready spots.

Fortunately, the city is now rethinking its regulations with an eye towards inviting would-be brewers downtown.

Adding beer to the menu in cities is just what urbanist thinker Jane Jacobs meant when she said "new ideas need old buildings." And let's be honest, there's few better places than the bar for sharing new ideas.

PUBLIC WORKS

The week in urbanism



TORSTAR NEWS SERVICE

BRIGHT IDEA

Kamloops, B.C., is getting a solar road. A new technology in Canada, the road on the Thompson Rivers University campus will have embedded solar panels, turning it into a power plant.

HELPING HAND

New York City's digital info kiosks are now even more helpful. In addition to providing free Wi-Fi and charging stations, the city is rolling out Aunt Bertha, an existing app that connects citizens to the social services they might need.

CITY CHAMP Metro's Citybuilder of the week



Kalen Anderson is the director of the City of Edmonton's planning department. She farms her backyard, promotes transparency in planning and has pushed infill housing to help the city grow and adapt.

URBAN DICTIONARY



DEFINITION

The **setback** of a building is the gap between it and the street, other buildings or whatever may be adjacent.

USE IT IN A SENTENCE

The extra-wide **setback** on the new skyscraper downtown left plenty of space for sidewalks and a decorative fountain.



'I remember choking you'

DOMESTIC ABUSE

Documentary sees ex-couple discuss their violent past

Attiya Khan, sitting across the table from her former boyfriend, asks if he can describe the way he abused her.

"Oh yeah," he says. "That's tough. That never leaves your mind."

Steve — who abused Khan daily for the two years they dated and lived together as teenagers, decades before this meeting — swallows, looks down, shakes his head and then looks back at her.

"I remember choking you. I don't really remember hitting much, but I remember that."

This is one of several pointed questions Khan asks in a consensually-taped conversation that opens *A Better Man*, a dialogue-driven documentary that looks deep into an abusive relationship as it was experienced and continues to linger through the lives of both people involved.

The documentary, co-directed by Khan and filmmaker Lawrence Jackman, will have its world premiere at Toronto's Hot Docs festival on Sunday.

In the film, Khan, 43, and Steve, whose surname is undisclosed, visit the Ottawa apartment they used to share, walk through the halls of their former high school and discuss their past with and without a counsellor present. They recall details of the violence that occurred through-



A Better Man follows Attiya Khan and ex-boyfriend Steve as they discuss their former relationship. Steve abused her when they were teenagers. Sarah Polley is an executive producer on the documentary. CONTRIBUTED



out their relationship.

"There is something so satisfying about being able to tell the person who hurt you what exactly it is they did," Khan said. She says when Steve started being accountable for his behaviour, 20-plus years later, she felt she was finally able to start healing.

"I no longer have nightmares about being hurt. Flashbacks are happening a lot less. I don't anticipate violence wherever I

go. I'm sleeping better. I feel a sense of calm and happiness I haven't felt before," she says. In the film, they find where their lockers used to be — Steve remembers the location, while Khan barely recognizes the hallways. She says she rarely looked up when she was a student, afraid Steve would catch her glancing the wrong way.

Beginning a couple of years after Khan left Steve, the two began bumping into each other in the streets. At one of the more recent encounters a few years

ago, she asked him if he'd speak with her on camera about their relationship, suggesting the insight might be helpful to others experiencing violence.

About half a year later, he reached out. He was ready to try.

Early on, Khan had only planned to have a small role in the film. But she realized it might be tough to find others who would speak about their own violent actions. She wanted to show both sides of the story and have it led by someone who had experienced abuse, so she and Steve became the focus.

"It's not often we hear about people being accountable to those they have harmed."

Khan says that going into the project, she hadn't considered that people who have been violent could work toward living a completely non-violent life.

She says her talks with Steve changed the way she approaches her work as an advocate and counsellor for those who experience domestic violence. She thinks believing people can change can save lives.

"Many people don't want to hear from people who use violence. We hold anger towards people who have hurt others. This is a valid emotion. However, it's okay to care for someone who has used violence."

Both filmmakers say some

scenes will be hard to watch and that it's intentional — they want to show what these discussions look like.

Another main theme in *A Better Man* is how trauma is amplified when no one intervenes.

"Intimate partner violence is not something we feel comfortable talking about or addressing as a society, and people are understandably afraid they'll be hurt if they intervene," Khan says. "But I needed the film to show how isolating and hurtful it was for me when people chose to look the other way."

To stop violence, Khan says, both the violent person and the abused person can benefit from access to resources and support.

"Talking to Attiya is the reason I'm healing," Steve said. "If we hadn't done this, she might know that I'm sorry, but those are just words. I'm hoping that sitting down and doing this is showing her how sorry I am."

Steve told Khan he never abused anyone before his relationship with her. Khan says she hasn't asked him whether or not he's ever used violence against anyone since. She says she knows revisiting their past was hard for Steve too, and thinks he was brave for taking part in the film.

Khan hopes her film makes it in front of policy-makers, and those in the criminal justice system and social services. "We all need to collaborate and invest in resources that provide a whole range of options for people who have experienced violence to find justice, support and healing. One path towards justice isn't enough." TORSTAR NEWS SERVICE



JOHANNA SCHNELLER WHAT I'M WATCHING

Two minds can create Genius

THE SHOW: *Genius*, S1, E2 (NatGeo)

THE MOMENT: The meeting of minds

University student Albert Einstein (Johnny Flynn) has met his match: Mileva Maric (Samantha Colley), the only woman in his physics program, and the only person to outscore him in math.

He wins her over by saying the exact thing they both long to hear: "I'm head over heels

in love with your mind."

Now, in a scene of perfect contentment, she lounges on the floor in her chemise, a book open in her lap; he lies on his back staring at the ceiling; and they postulate ways that molecules might behave. (Here in the 1890s, they're still theoretical.)

Their eyes meet. She crawls toward him. He takes her in his arms. "Isn't it a miracle?" he breathes. "So many of us, millions and millions. How-

ever did we find each other?"

This 10-hour miniseries from producer/director Ron Howard is NatGeo's first foray into scripted fare; its free preview, on now, continues just long enough to get you hooked.

Howard has a soft spot for thorny geniuses — *Apollo 13*, *A Beautiful Mind*, *Frost/Nixon*, *Rush*. He loves celebrating their stubborn individuality, and he hits the motherlode with Einstein (played with his

customary twinkle by Geoffrey Rush when the time jumps to 1930s Germany).

It's especially great that this series gives Maric her place in history. She and Einstein married, had children and divorced. Science disagrees whether she co-developed some of his theories, but this episode does more than suggest the possibility: It dramatizes the loneliness of genius, and the relief of finding a fellow beautiful mind.



Johnny Flynn and Samantha Colley portray two beautiful minds meeting in *Genius*. CONTRIBUTED

Sandberg admits not every woman can 'lean in'

NEW BOOK

Now sees shortcomings of her previous career advice

Though perhaps best known as Facebook's No. 2 executive, Sheryl Sandberg is also a mentor, a mother, a billionaire and an author. When her husband Dave Goldberg died suddenly in 2015 while they were vacationing in Mexico, she added "widow" to the list.

"The grief felt like a void, like it was sucking me in and pushing on me, pulling me in and I couldn't even see or breathe," she said. "People who have been through things like this told me it gets better. And I really didn't believe them.... I want other people going through things to believe it does get better."

Her new book, *Option B: Facing Adversity, Building Resilience and Finding Joy*, written with psychologist Adam Grant, chronicles the devastating loss, her grief and how she emerged from it with a new perspective on life. A humbled follow-up to her first book, *Lean In*, it's also a how-to, drawing from studies and the experiences of others to describe techniques for building strength and resilience and ways to support those going through hard times.

Sandberg also uses the new book to address what she now sees as shortcomings in the career advice she offered women in *Lean In*. Surveying the world as a wealthy corporate executive rendered her oblivious to circumstances faced by less fortunate women, she acknowledged. Not everyone can lean in; not everyone wants to.

"I didn't get it," she wrote. "I didn't get how hard it is to succeed at work when you are overwhelmed at home."

The most affecting parts of the book recount not just Sandberg's grief, but that of her children.

When she had to tell them that their father died. When, arriving at the cemetery for his funeral, they "got out of the car



In *Option B*, Facebook exec Sheryl Sandberg recounts the grief she experienced after the death of her husband. She advises on how to come back stronger, with support. GETTY IMAGES



I didn't get how hard it is to succeed at work when you are overwhelmed at home.

Sheryl Sandberg

and fell to the ground, unable to take another step. I lay on the grass, holding them as they wailed," unable to protect them from their sorrow.

It did get better, slowly. Sandberg returned at Facebook in a haze, unable to summon her previous self-confidence.

"I couldn't understand when friends didn't ask me how I was. I felt invisible, as if I was standing in front of them but they couldn't see me," she writes, adding later that by staying silent in

such situations "we often isolate friends, family and co-workers."

At Facebook, Sandberg has long been an advocate of "bringing your whole self to work," meaning a willingness to share your personal life with co-workers. But this can get tricky when it comes to facing trauma. Sandberg found it difficult, and even considered carrying around a stuffed pachyderm to encourage co-workers to talk about the "elephant in the room."

Then one day, about a month after Goldberg died, she decided to post on Facebook about her grief, her gratitude toward her friends, and her related tumultuous feelings — for instance, coming to believe she would never again feel real joy.

The change was immediate. Friends, co-workers and strangers began reaching out.

"I know it almost sounds silly because I certainly work at Facebook and I know what

Facebook's mission is," she said. "But experiencing it for myself was a very ... deep experience."

Talking about these things, as difficult as it might be, can be a lifeline. As is getting help at work, something Sandberg acknowledged not everyone can.

"Death is not the only kind of adversity that summons up the elephant," Sandberg writes. "Anything that reminds us of the possibility of loss can leave us at a loss for words. Financial difficulties. Divorce. Unemployment. Rape. Addiction. Incarceration. Illness."

A few weeks after she lost her husband, Sandberg was talking with a friend, making plans for someone to fill in for a father-child activity. Crying, she told the friend: "But I want Dave." He put his arm around her and said, "Option A is not available. So let's just kick the s— out of Option B."

THE ASSOCIATED PRESS

LGBTQ

Caitlyn Jenner's candid new book

Caitlyn Jenner opened up Monday about her frank new memoir detailing her now two-year-old transition and the bumps along the way, including her three failed marriages, thoughts of suicide while she was relentlessly pursued by paparazzi, and, finally, freedom to be her true self.

Yes, contrary to the thoughts of many in the trans community, she uses her former name, Bruce, in the book, *The Secrets of My Life*, out this week. And, yes, she describes her liberating, below-the-belt gender reassignment surgery — "The Final Surgery" as she calls it — on the very last page, insisting it's the last word for her about that.

And yes, she takes on, briefly, her conservative political views when it comes to President Donald Trump and issues like less government, but not so on issues important to the LGBTQ community as a whole, such as same-sex marriage.

"I needed to pour my heart out on everything," the 67-year-old said of the book. "What I was trying to accomplish is, one, get it all out for myself, so there was no other secrets left, but two, it was the way I dealt with my stuff."

The book has already brought on bitter, hurt tears from Jenner's third wife, Kris Jenner, whose closet Caitlyn once regu-

larly raided as she stole moments to cross dress while struggling with her gender identity. They are moments, Caitlyn said, that Kris was well aware of before "I made love to her" after the two met in 1990.

"To be honest with you I haven't even talked to her about it," Jenner said of Kris' reaction to the book.

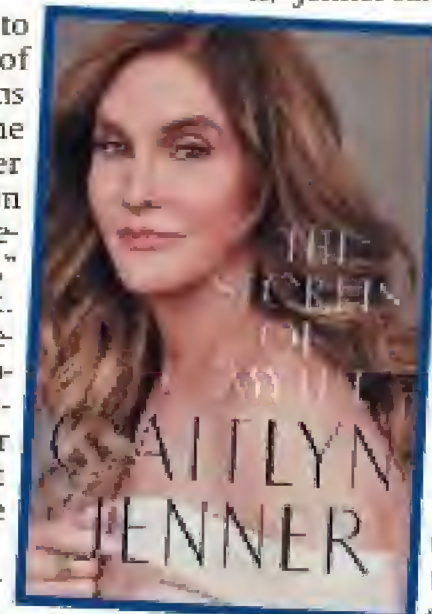
There were many dark times for the Olympic gold-medal winning decathlete as he went about hiding his gender struggles, including a false start in transitioning in the 1980s.

There was one moment in particular, years later, that took Jenner to the ultimate dark place — suicide. The celeb-

rity news site TMZ distributed a photo of a disheveled Jenner emerging from a doctor's office after a procedure to have her trachea shaved so she could appear more like a woman. This was before Diane Sawyer and her formal coming out, and it felt like a painful, forced outing.

"It got to the point where I thought, you know what, I know the easy way out," Jenner said. "I got a gun in the house. ... But then the next day I thought, wouldn't that be the stupidest thing you've ever done, to silence your voice? You have the opportunity here to really make a difference, to live your life honestly."

THE ASSOCIATED PRESS



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2017 NHL PLAYOFFS
SECOND-ROUND PREVIEW

Streaking Ducks swept Flames in first round

In the forthcoming battle of Orange Crush versus Orange County, the Edmonton Oilers say they can no longer be characterized as green.

"We've got playoff experience now. We just went through a round," Oilers centre Ryan Nugent-Hopkins said Monday after practice at Rogers Place.

"It gives us confidence now that we're a legit team and we can play against anybody."

The Oilers open the second round of the NHL playoffs Wednesday in California's Orange County against the Anaheim Ducks.

The Oilers, who have adopted the slogan "Orange Crush" for their playoff run, dispatched a veteran San Jose Sharks team in six games over the weekend in the first round.

They won despite a lineup of young players, and even some veterans, with little to no playoff experience at the NHL level.

The Oilers got a big boost from goaltender Cam Talbot. In his first NHL playoff series as a starter, Talbot recorded two shutouts and turned back the Sharks when they attacked in waves in the deciding game, a 3-1 Oilers win.

Talbot said they experienced everything in that series.

"We were up, we protect-



Oilers centre Connor McDavid carries the puck past the Ducks' Ryan Getzlaf on Jan. 25 in Anaheim. The Oilers won the season series 3-2. BRUCE BENNETT/GETTY IMAGES

ed leads, we were behind, we came back, we won in overtime, we got blown out and we learned lessons from that. And in the last game we got

up early and we protected (the lead) down the stretch," he said.

"It showed we can play any kind of game, and I think that benefits us going forward."

It was not only the first taste of NHL post-season for key Oilers Connor McDavid, Leon Draisaitl, Oscar Klefbom, Jordan Eberle and Nugent-Hop-

kins, it was also the first time the Oilers had been in the playoffs in a decade.

The Ducks, like the Sharks, are a veteran team with a lot of playoff miles, led by Ryan Getzlaf, Ryan Kesler, Kevin Bieksa and Corey Perry.

The numbers suggest a long series between two evenly matched teams. The Ducks won the Pacific Division with 105 points, two up on the Oilers, but the Oilers won the season series 3-2.

Anaheim is the hottest team in hockey, winning its last 18 regulation games, including four straight over the Calgary Flames in the first round.

The Oilers with league scoring leader McDavid, ranked eighth in goals-for this year, while Anaheim was third overall on defence, allowing just 197 markers.

Talbot had a .927 save percentage in the first round. Anaheim's John Gibson was .926. The marquee matchup will be McDavid against Kesler, the Ducks' shutdown super-pest and finalist for this year's Selke Trophy as best defensive forward. THE CANADIAN PRESS

CFL

Eskimos to unveil Sunderland as GM

The Edmonton Eskimos hired Brock Sunderland as their GM and vice-president of football operations Monday.

Sunderland replaces Ed Hervey, who was fired from both posts earlier this month.

Sunderland, 37, served as the Ottawa Redblacks assistant GM the last four years. He entered the CFL in 2004 as a scout with the Montreal Alouettes.

The native of Great Falls, Mont., also spent six seasons

(2007-12) with NFL's New York Jets.

"The Edmonton Eskimos are one of the most storied franchises in all of professional sports and I couldn't be more excited and honoured to be the new general manager of this great organization," Sunderland said in a statement.

The Eskimos will officially unveil Sunderland at a news conference Tuesday.

THE CANADIAN PRESS

NBA PLAYOFFS

Raptors pin Bucks against the ropes

The Toronto Raptors are within one win of the Eastern Conference semifinals.

Norman Powell scored 25 points to lead the Raptors to a thrilling 118-93 victory over the Bucks on Monday, sending the Raptors back to Milwaukee with a 3-2 lead in their best-of-seven series.

Six Raptors scored in double figures. Serge Ibaka finished with 19 points, DeMar DeRozan added 18, and Kyle Lowry battled through a sore back to

GAME 5 In Toronto



finish with 16 points and 10 assists. THE CANADIAN PRESS

IN BRIEF

Jimmie Johnson makes it back-to-back victories

Jimmie Johnson won consecutive races for the 11th time in his career with a victory at Bristol Motor Speedway on Monday.

Kyle Larson was the most dominant driver of the day, but the points leader took a speeding penalty late in the race allowing Johnson to make it look easy in the end.

THE ASSOCIATED PRESS

Canada suffers first loss of world mixed doubles

Canada lost its first match at the world mixed doubles curling championship, falling 7-5 to the Czech Republic in Monday's late draw.

The Canadian duo of Edmonton's Joanne Courtney and Winnipeg's Reid Carruthers began the day with a 14-0 win over Kazakhstan. They dropped to 3-1. THE CANADIAN PRESS

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6	9	2	1	8	4	3	7	5
4	1	7	3	5	9	2	8	6
5	3	8	6	7	2	1	4	9
2	8	5	4	1	6	9	3	7
9	4	1	5	3	7	8	6	2
7	6	3	9	2	8	5	1	4
3	2	6	8	4	5	7	9	1
8	7	4	2	9	1	6	5	3
1	5	9	7	6	3	4	2	8

Running back into fashion

NFL

Elliott's form could make rushers popular again at draft

Ezekiel Elliott's immediate impact last season, along with one of the strongest classes in years, have made running backs popular again heading into this week's NFL draft.

After running backs failed to go in the first round in 2013 and '14, LSU's Leonard Fournette, Stanford's Christian McCaffrey and Florida State's Dalvin Cook could be selected on Thursday.

That would mark the first time since 2012 that three backs

are selected on the first day.

"It was a good thing for us coming in right now," Cook said. "Zeke did a great job of catching the ball out of the backfield, protecting Dak (Prescott) at quarterback, and running very well behind a good offensive line."

Elliott ran for 1,631

yards and 15 touchdowns last season for Dallas, becoming the first rookie since Edgerrin James in 1999 to lead the league in rushing.

Elliott's success came the year after the Rams' Todd Gur-

ley became the first rookie in league history to rush for 125 yards or more in four straight games. Both were also voted NFL Offensive Rookie of the Year. Add in Melvin Gordon's solid play last season with the Chargers and the past three first-round picks have shown that they were worth the pick. That has reversed a trend in which first-round picks had struggled or bombed, the most notable being Trent Richardson, the third-over-

all pick by Cleveland in 2012. Richardson's struggles were one reason 2013 marked the first time in 50 years a back was not picked

in the first round.

A consensus of general managers and scouts believes that a back can be taken in the late rounds and still prosper. Jordan Howard, second in rookie rushing yards last season, was a fifth-round pick by the Bears.

Only three of the top 10 rushers in the league last season — Elliott, Le'Veon Bell (Steelers) and LeSean McCoy (Bills) — were drafted in the first two rounds.

Senior Bowl executive director Phil Savage, who was Browns general manager from 2005-08, says teams can find a back in every round this year. Cowboys coach Jason Garrett, though, believes that the round shouldn't matter as long as the selection can make an immediate impact.

THE ASSOCIATED PRESS



GETTY IMAGES

IN BRIEF

Hernandez' hometown burial

Aaron Hernandez's family and friends bid farewell to the former NFL star at a private funeral Monday, and a judge ordered that three suicide notes he left be turned over to his fiancée by the time he is buried. The service was in Hernandez's hometown of Bristol, Conn.

THE ASSOCIATED PRESS

Newcastle earns promotion

After one season in the English Championship, Newcastle United secured an immediate return to the Premier League by beating Preston 4-1 on Monday.

Under former Liverpool and Real Madrid boss Rafa Benitez Newcastle enjoyed an impressive season.

THE ASSOCIATED PRESS

Bellator signs Letourneau

Canadian MMA fighter Valerie (Trouble) Letourneau has signed with Bellator. The Montrealer lost to Polish champion Joanna Jedrzejczyk in a strawweight title bout at UFC 193 in 2015.

Letourneau, 33, (8-6-0) went 3-3-0 in the UFC.

THE CANADIAN PRESS

Cubs tear Pirates to shreds

Addison Russell set a career high with four hits, Jason Heyward homered and drove in four runs as the Chicago Cubs jumped on the Pittsburgh Pirates early in a 14-3 victory on Monday.

The defending World Series champs have won 5 of their last 6. THE ASSOCIATED PRESS

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MAKE IT TONIGHT

Non-traditional Sweet Potato and Carrot Latkes



PHOTO: MARIA VIGNER

Ceri Marsh & Laura Keogh
For Metro Canada

• 1/2 cup grapeseed oil, approx.

Serve with applesauce and chive sour cream

These latkes are less traditional but we've had these sweet patties approved by more than one Bubbie.

Ready in 20 minutes

Prep time: 10
Cook time: 10
Serves 4

Ingredients

- 2 large sweet potatoes, peeled, shredded and squeezed of all their liquid
- 2 large carrots, peeled and shredded and squeezed of all their liquid
- 1 scallion, finely chopped
- 3 eggs, beaten
- 1/3 cup spelt flour
- 1 tsp salt
- 1 tsp cinnamon

Directions

1. Peel and chop potatoes and carrots. Once you have everything shredded, squeeze any liquid from them.
2. Heat oil in a deep 12-inch non-stick skillet over medium high heat until hot. Working in batches, spoon about 1/8 cup of potato mixture into pan and flatten with a slotted spatula. Reduce heat and cook until golden brown, about 1 1/2 minutes. Flip and cook on the other side. Remove latkes from pan and place on a paper towel to drain.

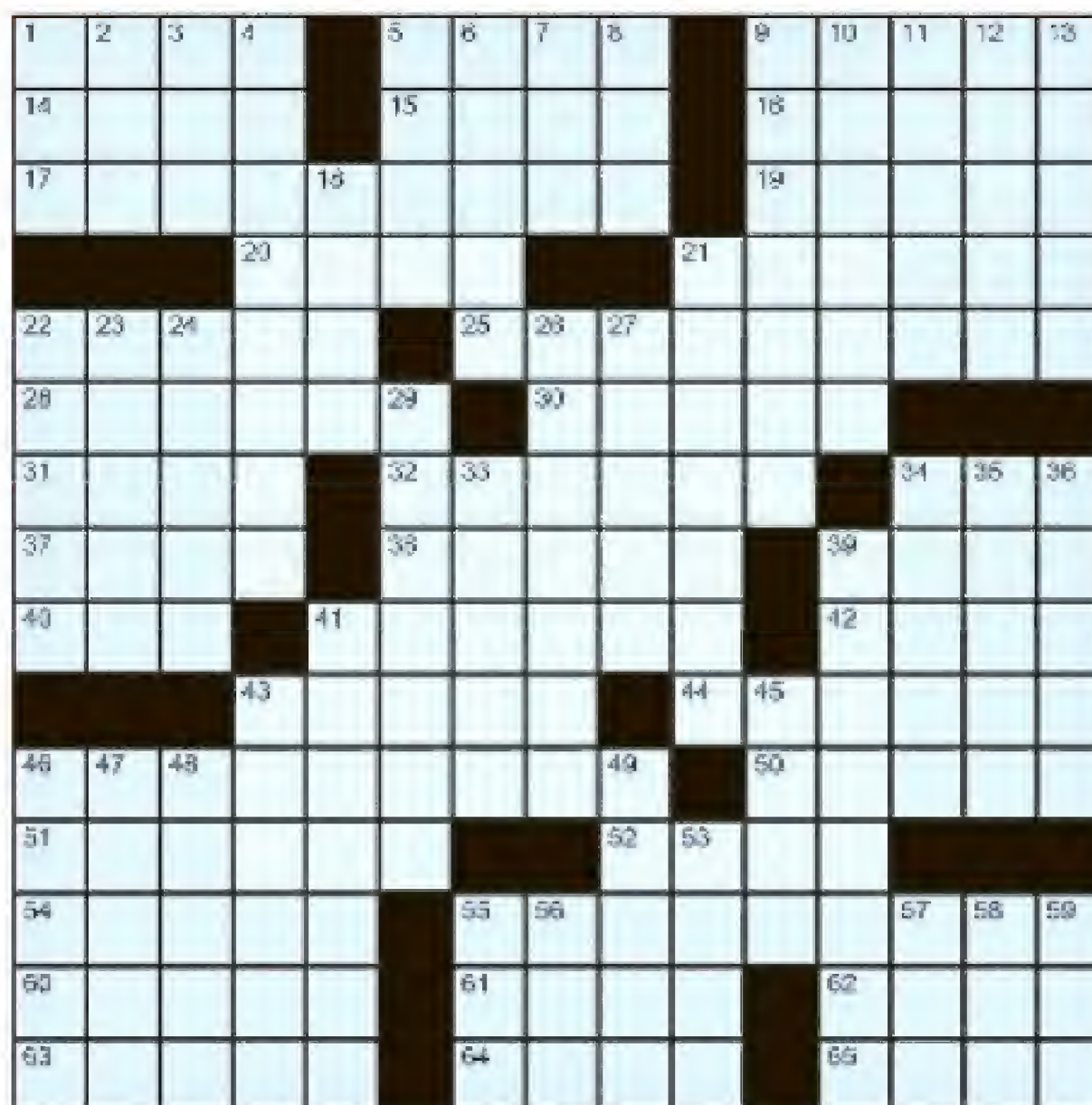
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Ricky Martin's "Livin' La Vida _"
5. Well protected
9. Diamond points in baseball
14. Sci. class
15. Take apart
16. Construe
17. The brightly painted abodes that St. John's is famous for ...first word here, second and third words of answer at #25-Across
19. Indian Ocean arm. _ Sea
20. Pink, in Madrid
21. "King _" by Elvis Presley
22. Garnish atop a plate of spaghetti
25. Continuation of the Newfoundland-themed clue at #17-Across
28. Name dropped by John Mellencamp
30. Campus groups, e.g.
31. Hurry
32. Fairylike
34. Discontinuity
37. Without _ (Daringly)
38. Enumerates
39. Sea lettuce
40. Docs
41. Formulate
42. Complain
43. Got word
44. Rubble
46. Saskatchewan: Rural Municipality of _ No. 108
50. Laconically



51. Insight
52. Confine
54. Ms. Blair of acting
55. Showy red flower
60. Stories
61. 'Breath' candy
62. The Kinks hit
63. Nap noisily

64. Lays, in landscaping
65. Competently

DOWN

1. President after JFK
2. Goose, in Quebec City
3. Mil. officer

4. "Okay," 2 wds.
5. Stand-in profs
6. Poet's 'close by'
7. US health-related agcy.
8. Time division
9. Here Comes the Bride! Engage, 1800s-style

10. Farewells, in France
11. Wrestlers of Japan
12. School: French
13. Ecological stages
18. Fitness class with a mat

21. Made a gliding step in ballet
22. "Vamoosel"
23. Hammer
24. Schemes
26. Out of the lines in sports
27. Legal documents
29. Brush up on
33. Book, in a Quebec library
34. Lady Gaga's "The Edge of _"
35. Be of service
36. Popular garden flower
39. Rainy day implement
41. Expire on Earth
43. Tailor, at times
45. Uptight
46. Rope fibres
47. Atlantic _
48. Void, in Venice
49. _ _ _ The Sunshine Band
53. _ & Sciences
55. Pre-afternoon hrs.
56. "O Sole _"
57. Tennis shot
58. Feeling flush
59. Enunciate

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a powerful day for you. The Moon and Mercury are in your sign, which gives you good fortune and a levelheaded mind for making future plans.

Taurus April 21 - May 21
Behind-the-scenes research will go well today, because you won't overlook details. For you, the job is everything, and you want to get it done.

Gemini May 22 - June 21
Someone older or more experienced will give you excellent advice today. Listen to others, because it will help you — and don't we all need all the help we can get?

Cancer June 22 - July 23
A discussion with a boss or someone in a position of authority will go well today. This person is impressed with you, and the feeling is mutual. Listen to what he or she says.

Leo July 24 - Aug. 23
It's easy to study deep subjects today. This also is an excellent day to make travel plans. Profound discussions about politics, religion and racial issues might also occur.

Virgo Aug. 24 - Sept. 23
Tie up loose ends pertaining to taxes, debt, inheritances and shared property today, because you have the right mindset for doing this. You are focused and will not overlook details.

Libra Sept. 24 - Oct. 23
A discussion with a partner or close friend will focus on practical matters today, because you are in a practical frame of mind. Outline your expectations for how to do something.

Scorpio Oct. 24 - Nov. 22
This is a productive day at work because you are very hands-on and ready to do things. It doesn't matter how mundane or menial the task is — you want to finish the job.

Sagittarius Nov. 23 - Dec. 21
Whether in the arts or in sports, practice makes perfect. Today you are prepared to practice and hone your skills. Good for you.

Capricorn Dec. 22 - Jan. 20
Talk to a family member, especially someone older or more experienced, because he or she will have good advice for you today. Perhaps you want to deal with home repairs?

Aquarius Jan. 21 - Feb. 19
This is an excellent day for planning and discussing future plans with others. You want to take a long-term view of things and plan something you've been thinking about.

Pisces Feb. 20 - March 20
If shopping today, you will want to buy long-lasting, practical items only. Financial security is important today. (No silly or impulse purchases for you!)

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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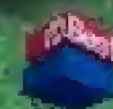
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